



# Grand River Community Health Centre

**POSITION: Kinesiologist-COPD Program**

**STATUS: Full Time, Temporary Contract (12 months with possibility to extend)**

**DEPARTMENT: COPD**

**POSTING DATE: February 7, 2025**

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## **Position Summary**

- The Kinesiologist works as a member of the Brantford “Caring for My COPD” community program. The role will work collaboratively with the other interdisciplinary members of the team which includes an Occupational Therapist, Social Worker and Registered Dietitian to provide safe and effective programs for the COPD program clients and clients with other chronic conditions that could benefit from a structured physical activity program i.e. diabetes, hypertension, dyslipidemia etc.
- The Kinesiologist will be responsible for the development and delivery of personal fitness programs which may be delivered in individual or group settings.
- Hours of work– primarily days however this position will be required to work a minimum of 1 to 2 evenings per week; weekend work as required.

## **Qualifications**

- Bachelor Degree in Kinesiology
- Registration with the College of Kinesiologists of Ontario
- Current CPR and First Aid Certification
- Experience in providing safe, effective and evidence based programs in a chronic disease management setting
- Demonstrated knowledge of COPD, medications typically prescribed for COPD and their actions
- Demonstrated knowledge of the benefits and contraindications related to exercise
- Demonstrated ability to work with older adults that have issues with mobility
- 1-2 years of experience in a clinical setting preferred
- Excellent interpersonal, organizational, written and verbal communication skills essential
- Knowledge of and experience with group facilitation and co-facilitation
- Ability to work independently and in self-directed working conditions
- Experience working with electronic medical records (EMR)

## **Responsibilities & Skills:**

- Assessment of physical capacity of individuals referred to the program
- Development of safe and effective exercise prescriptions
- Work collaboratively with COPD team members and other system partners (medical providers and other community teams supporting similar clients) to develop, coordinate and execute the clients COPD care plan
- Lead exercise classes or individual exercise sessions using a variety of equipment to improve physical endurance, strength and flexibility
- Create and lead group education sessions that are evidence-based
- Participate in team meetings and in program evaluation activities
- Able to travel within the Brantford-Brant-Norfolk OHT area

A competitive salary of \$27.04 – \$32.30 per hour and benefits (including HOOPP) are offered.

Employment is conditional upon providing a police vulnerable sector check and having had a full series of COVID-19 vaccinations

**To pursue this opportunity, please send your resume and covering letter to Human Resources, at [resumes@grhc.ca](mailto:resumes@grhc.ca). All applications must be submitted no later than 5 pm, February 18, 2025.**

**Interview will take place in person on: February 25, 2025 from 1-5 pm. We appreciate your interest however, only selected candidates will be contacted to book interview times.**

The Grand River Community Health Centre is an equal opportunity employer, committed to employment equity and diversity in the workplace. We welcome applications from women, members of racialized groups, visible minorities, Indigenous persons, persons with disabilities, persons of all sexual orientation, and persons of any gender identity or gender expression.

To ensure there is an equal opportunity during the recruitment and selection process, Grand River Community Health Centre provides accommodation for applicants with disabilities upon request.